



# One Stop Shop Member Meeting Package



**\$39.00 per person**

## **Inclusions:**

Meeting Room Rental, High Speed Wireless Internet, Podium & Mic, State of the Art Bose Sound System, On Site Supervisor, 2 Flipcharts with Coloured Pens & Paper, Portable Screen & AV Cart



## **Deluxe Continental Breakfast**

Selection of Fruit Juices, Assorted Muffins, Fruit Yogurt, Fresh Fruit Salad, Granola & Berries  
Canterbury Coffee & a Selection of Organic Teas"

## **Morning Nutrition Break**

Coffee & Tea  
Assorted Pastries



## **Working Lunch**

Assorted Gourmet Sandwiches-*Please see reverse for sandwich options*  
Daily Soup  
Cakes & Squares  
Coffee & Tea

## **Afternoon Nutritional Break**

Coffee & Tea  
Assorted Carafes of Juice  
Fruit Platter  
Selection of Cookies



***Minimum numbers are required for various rooms. Taxes and gratuities are additional.***



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# Meeting Package Sandwich Options

Choice of 3 of the Following Gourmet Sandwiches  
*Add Gluten Free Sandwiches for \$2 per person*



## **Rosina's Tuna Salad**

Salad-Smoked BC tuna with capers, mayonnaise, tomato, kalamata olives and fresh leaf spinach served on a butter croissant

## **Santé Fe Chicken**

Oven roasted marinated chicken breast with Monterey Jack, romaine lettuce; red onion and chipotle-lime mayonnaise on a square ciabatta bun

## **Black Pepper Ham & Swiss**

Thinly sliced black forest ham, jack, horseradish & smoked gruyere cheeses and honey mustard on a whole grain peasant bread

## **Rustic Italian**

Dry salami with provolone, tomato, red onion, black olive tapenade, and extra virgin olive oil on baguette

## **Traditional Italian**

Mortadella, capicola, salami and pepper ham with provolone, parmesan, romaine lettuce, tomato, red onion, chopped hot peppers, oregano and red wine vinaigrette on Italian rosemary focaccia bread

## **Mediterranean Chicken**

Grilled chicken breast with goat cheese, field greens, roasted red peppers and homemade red pepper mayo on French baguette

## **Grilled Vegetable Sandwich**

Grilled marinated Mediterranean vegetables (eggplant, squash, zucchini, carrot, red onion, roasted red peppers) with crumbled feta, parmesan, field greens, oregano in mild balsamic vinaigrette on a pretzel bun

## **Basil Pesto Chicken Salad**

Oven roasted, marinated chicken breast tossed in a creamy basil pesto with spinach on French baguette

### **Add on to any lunch or break**

Bottled Water or Canned Soft Drinks \$1.95 Each

Assorted Juice at \$3.50 Each

This will be charged on consumption





# One Stop Shop

## *Deluxe Member Meeting Package*

**\$49.00 per person**

### **Meeting Room Rental**

High Speed Wireless Internet, Podium & Mic, State of the Art Bose Sound System, On Site Supervisor, 2 Flipcharts with Coloured Pens & Paper, Portable Screen & AV Cart, LCD Projector

### **Deluxe Hot Buffet Breakfast**

Sliced Fresh Fruit, Scrambled Eggs, Home-Style Breakfast Potatoes, Double Smoked Bacon, European Sausages, French Toast, and Coffee & Organic Teas

### **Morning Nutrition Break**

Refresh Coffee & Tea  
Assorted Muffins  
Whole Fruit

### **Hot Buffet Lunch Service**

Choice of one of our Hot Lunch Buffet Options  
*Please see reverse for lunch options*

### **Afternoon Nutritional Break**

Coffee & Tea  
Assorted Cheese Board with Fruit Garnish  
Coconut Macaroons  
Assorted Carafes of Juice

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# Deluxe Meeting Package Lunch Options

## Flavours of Greece Luncheon

Hummus, Olives & Pita  
Greek Orzo & Shrimp Salad  
Grain Salad

### *Choice of 2 of Entrees:*

Lamb Moussaka G  
Sweet & Spicy Meatballs  
Spinach & Feta Pizza  
Greek Lamb with Mint Yogurt G  
Spanakopita

Choice of Lemon Pepper Rice OR  
Paprika Potatoes

Fresh Fruit Platter  
Coffee & Selection of Organic Teas

## Light Luncheon Buffet

Two Daily Soups, Selection of Fine Breads  
Hummus, Olives & Pickles  
Fresh Garden Baby Greens  
Marinated Vegetable Salad

### *Choice of 2 Hot Entrée*

Tandoori or Mushroom Chicken (G D)  
Baked Salmon with Peach Salsa (G D)  
Vegetarian Lasagna  
Spanakopita

Choice of Steamed Rice OR  
Roast Nugget Potatoes

Mini Vegetable Spring Rolls with  
Sweet Chili Sauce

Sliced Seasonal Fresh Fruit  
Coffee & a Selection of Organic Tea

### **Add on to any lunch or break**

Bottled Water or Canned Soft Drinks \$1.95 Each  
Assorted Juice at \$3.50 Each  
This will be charged on consumption

G—Gluten Free  
D—Dairy Free

*\*Add Chocolate Mousse, Cakes & Squares to any of the Above Lunches for \$6.00 per person\*  
Add an additional entrée for \$4 per person*